



Diary Dates



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Dates to Remember

- 21/11– Yr11 (12 2018) PLG
- 24/11 - Yr11 Assembly
- 4/12 - Yr 7 Learning Reflection
- 5/12 - Yr 7 2018 Orientation Day
- 11/12 - Yr10 Assembly
- Yr 9 Assembly
- 12/12 - Yr 8 Assembly
- Yr 7 Assembly
- 14/12 - HSC Results Presentation Assembly 10.30am
- 15/12 - Yr12 BBQ 11am
- 30/1/18 - T1 Yr 7, 11 & 12
- 31/1/18 - T1 Yr 8, 9 & 10

Congratulations to Year 12 who have finished their HSC exams and are now taking that well-earned rest after the exams. Year 12 celebrated their last week of school at the end of Term 3 with a number of activities, their formal and the Year 12 Presentation Assembly. This was an outstanding event celebrating the culmination of their schooling. I have included sections of the Captain's speech made at the Presentation Assembly (Samuel McIntyre and Priya Vakil).

It seems now that our time has come to go, that final introduction feels just a little longer. With a strange gravity there is a shift happening. We are moving out, the front of the school appears to be as well; and as with all renovations, some emotions have been dug up, some memories have been recovered, and a few thank you's are called for.

Firstly, we'd like to thank the people in this world whom we cannot live without - our families. For the last thirteen years you've helped us add and subtract, more times than we can count, carted us around for a billion activities even if they only lasted two weeks and watched us grow up from awkward twelve year olds to teens today. And for some of us like Cal, still watching us grow tall. And for others, like Joel and Rach, still waiting for us to grow at all. But despite our stress-induced mayhem, you remained proud of us for trying our best and for being who we are, and you loved us unconditionally. For that, we are so grateful.

And now, to our teachers. While many of us have been giving you our parting gifts, Mr Poullos summarised it aptly when he said: "The greatest gift you could give is your best". Thank you for stretching and encouraging us. From Mr. Singh's butter chicken to Mr Kelty's "extracurricular" explosions, you have always been more than just slaves of the syllabus. Oh, pardon me; "service to school" of the syllabus. You have been passionate believers and workers in our potential. You've sculpted our algebra, grammar and now ending a sentence with a preposition is something up with which I will not put. Yet, in an educational irony, since no gift could ever reflect our debt or gratitude for all the late nights you've spent, we must end with a preposition. May the places we go and the people we become be our deepest thank you for who you've made us.

Next, to our school mums, we thank our year advisors, Ms Cocking and Ms Horan. From chasing us up on overdue notes, being our fearless 'negotiators' in the Jersey Debacle and collecting thousands of merits, we thank you for your endless positivity and banter. Thanks also to Mrs Cardwell, Mr Donaldson and Mrs Greenland for being our year advisors in the junior years. We've learned so many names that it wasn't even inconvenient when Ms Cocking changed hers to Ms Easton a few weeks ago, but we are truly appreciative and lucky to have had all of your support and guidance over the last six years.



To our executives - Mrs Harvey, thank you for guiding us when we still needed our school maps, your high heels tapping down corridors as a form of echolocation through the perils of blue shirt life. Mr Southward, "Southie", entrepreneur in school bells, supplier of lunchtime chats. Thank you for your immense support during the pressures of our senior years. You'll be sorely missed, but we always know that somewhere, you'll be looking smart (but casual) at a distant 100-mark journey. Helping a year that will one day love you, and your hot chilli tie, the same way that we do. Lastly, Mrs Rippon. Thank you for the 60% AstroTurf blessing, the elusive two-week assessment notification and for all the work you do behind the scenes. But importantly, as your first group of year sevens thank you for being our principal, voluntarily, for the last six years.

Two incredible people are our Vice Captains, Jacob and Georgina. Jacob, you are our creative genius, and the enviro, journo, social-justice warrior who has contributed to this school like no other. Georgie, you're our voice of reason and the one who makes sure every member of our year group is heard. From our beginnings as the PR Fam, we'll miss the mintie-filled Monday meetings and your support. To the Prefect Body of 2017, you've made MHS proud. From Lauren and Tom's questionable star-cutting skills and Cameron's controversial advertising campaign, to our suiting up ritual, this year is a credit to you. May DJ biscuit keep the records rolling and may next year's group keep record breaking. Sam and I are proud of the inspiring and extraordinary leaders you have become, and thank you to Ms. Gilbertson for leading us fabulously and enthusiastically. It's truly an honour to have been your captains this year.

*And finally, to Merewether High School Year 12, Class of 2017. What can I say? We love you. Deeply. Your quirks, and your antics. But it's not a conventional love. Oh no, we're far too rare a bunch for that. Let's be real, to be conventional is to be replaceable. And the holes we're beginning to feel in our hearts are not replaceable shaped holes. Priya and I have been trying to explain to each other what this hole "is". What our year "is". Because we've stayed together much like the stars. Not simply with a *twinkle*, but in this sense of spacey far-apartness. The lunchtime distances between our groups measured in the things we wish we'd never said, and those we wish we had. And yet somehow, spinning, the stars still stay together. They share something. They're distant, and they're vastly different but they pull at one another. There is a strange force that inescapably pulls us together. Present on our first day, and stronger on our last. Two nights ago, I had this force explained to me as I nostalgically recovered my year eight science workbook - the page where I first learnt of this strange force called gravity. "There is a force called gravity. You can't see, hear or smell gravity, but we can feel it's effects; it pulls objects together which may be far apart. Gravity is strong."*

From when I wrote those words to now there has been a strong gravity between us, whether we like to talk about it or not, and it pulls us together more than it spins us apart. And yes, gravity sometimes hurts; Adarsh knows that far better than most. But it also coalesces, it heals and it powerfully binds. It's defined by what it feels like, and for the moment, the gravity we share feels like the shape of the hole in our hearts.

And that strange gravity that pulls us together has been strengthened by our years of memories. From the sevie days on the AB lawn, when we built, and broke, bridges with each other, we became a mixing pot of thirteen year olds pondering mysterious events in the C-block toilets. But in a way the geography camel singing "adap, adaptaaaations- changes in the body to fit a location" was right. Merewether High has changed us, and today we leave ready, knowing we conquered the dancing plague of Year 10 and the Mark Pullin test- especially you Ailsa. Life mightn't always be as easy as not choosing Lord Farquard in one of Poullos' multiple choice history tests, but take comfort in our small successes, like the fact that Rachel and Rizina no longer run into poles. And while our future might not reap the successes of Claire's chocolate selling empire, never forget to scientia ac labore and you'll be OK.

Thank you to the friends who made us laugh till we hurt, who chatted in 6-hour facetimes, and who danced with us in bangarang and superbass showdowns. Thank you to the friends who loved us, made us feel worthy, and who we trusted with our lives. Although there've been moments of heartache, for every time we've hurt each other, we've loved each other one thousand times over, and that is testimony to the fact that our setbacks only made that invisible gravity grow stronger. We will always be each other's family, no matter how far apart in the universe we

As we do part ways into the world remember that graduation is not today alone. Graduation takes a lifetime. It's where we stake our unconventionality, and where we move our gravity. I recall in Duke of Ed hiking through national parks, mandated with the maxim: "Now remember kids - leave only footprints, take only pictures".

But we are no longer kids and we're 10 kilometres from the nearest national park so I would like to re-write that piece of advice - "Now remember Year 12, leave only pictures and take only footprints".

Our pictures must remain in K-block but our footsteps must move on. One foot, after the other, one day, at a time. And if, like in the Foley Library, the door doesn't open the first time, try and try again. Stay unconventional, do good, change the world, and love one another.

Sam and I began Year 12 with a Winnie the Pooh quote, so it's only fitting that we end with one. Pooh Bear once said, "How lucky I am to have something that makes saying goodbye so hard", and this goodbye is hard, because although unconventional, MHS Year 12, we've grown up together. We've truly changed each other's lives, and as we step out of our MHS world, floating into the vast universe, that counts for everything. So congratulations Year 12, we love you, and we're sure that no matter where we may be, that strange gravity will be holding us together, always.



Congratulations to Zane Butterworth, Matthew Hallett and Dario Bergman who during the last school holidays competed in the Futsal School Nationals held in Brisbane. The boys were part of the under 14 Northern New South Wales side playing 10 games over a three day period. The team were undefeated in these first three days and on day four of the competition continued their success by winning the semi-finals and then the grand final making them national champions. Matthew Hallett was named the most valuable player in the grand final. All three boys were named in the Australian squad which will tour Brazil in 2018.



Annabelle Cleary recently travelled to Noumea as a member of the Australian Rock Climbing team and to compete at the Oceania Lead Speed and Boulder titles. Annabelle took out a silver medal in the combined Olympic event, a bronze in the speed event and was placed fourth and eighth in lead and boulder respectively. This was the first time that the combined event, which is the new Olympic format, was ever run. It was an incredibly difficult day of competition, with intense climbing from 8:00am to 9:00pm.

Congratulations to So-Yeun An who's artwork has been nominated for Artexpress.

Ex-student and prefect Sam Parker recently contacted us to let us know he has been offered a position as an intern at NASA's Armstrong Flight Research Centre, on Edwards Air Force Base, California, where he will be applying his electrical engineering knowledge to the unique and exciting applications that NASA presents. This is fortunate timing, as Sam has spent the past semester at the University of Pittsburgh, in Pennsylvania, US, observing Brain Computer Interface Neuroprosthesis research at the Rehabilitation and Neural Engineering Laboratories. BCI has been Sam's long time passion, so observing the research he said was truly inspiring.

The last day for all students, Years 7 – 11 is Friday 15th December. If due to family circumstances you need to take early holidays please ensure you apply for extended leave from school. Forms are available from the front office. Once yearly exams are completed students will continue their learning program completing their final unit of work in each of their classes. This work is an important foundation for next year. The expectation is that students will continue work through to the end of the year.

From the DP's desk....

I recently had the pleasure of attending the National Young Leaders Forum at the Sydney Convention Centre at Darling Harbour on the 30th October with our fabulous group of Captains and Prefects. The day was highly thought provoking with students gaining insight from a number of successful leaders.



Gladys Berejiklian spoke of being true to personal values and the genuine belief in doing your best to improve small things each day to make genuine difference in the world.

John Coutis a motivational speaker spoke of his life journey and his determination to achieve in a world that was at times very cruel. He spoke candidly of his torment as a young person growing up and living with his disability and his message to everyone was simple, be kind, be caring and do what you can to ensure that every person is treated with respect.

Adam Goodes Ex Sydney Swans Leader and proud Aboriginal Man spoke of walking the walk in leadership. He was very passionate about the role of leaders in ensuring the core values we want for our school or organisation are those values that we live by each and every day. He shared the importance of leading by example every day and not just on these days that you think someone is watching you, he also was adamant in the role of leaders to call out the behaviour of others that does not represent the values we want for our school.

The final speaker for the day was the ex-Police Commissioner of NSW Mr Andrew Scipione, he shared his insight with our students about making hard decisions and sticking to their course in leadership.

He reminded them that in leadership, sometimes you make difficult decisions and when the going gets tough people look to their leaders for direction. He honoured our students for taking on the role of leadership and challenged them to go ahead and make a real difference in their school ensuring that they leave a leadership legacy.

As you can see it was a highly thought provoking day for our current Captains and Prefects and in our follow-up meetings they have reflected positively on this event taking out of it the key ideas that they believe to be important. Our school leaders have been further inspired to turn their ideas into actions and I look forward to supporting them in their leadership journey as they make a difference in our wonderful school over the next 12 months.

Learning Reflection Meetings:

Our Year 7 students completed their learning reflection meetings late last term with only a few students still to complete over the next couple of weeks.

Year 8 students will be completing their Learning Reflections on the 27th November. This is a very valuable part of our schools academic wellbeing program where students work in groups to discuss their progress over the year and identify particular learning strategies that have assisted them to be successful learners. Many new and innovative ideas for study and organisation are shared amongst the groups and it is always lovely to see the cooperative way in which students came to together to support one another and offer ideas for improvement towards their personal best.

Year 9 Inquiry Learning Presentations

Our Year 9 students will be completing their Inquiry Learning Portfolio Presentations during week 7. Students have been working hard in class to develop innovative and exciting projects which showcase their unique set of interests and talents. As highly capable young people, they are challenged to develop Projects that tackle real world problems and engage with community experts. The presentations highlight the way in which students have developed their knowledge and sought tangible solutions and resolutions through a rigorous investigation and deep research into their self-generated Driving Question. Early indications are that projects are of a very high standard and the many volunteers who are coming into our school next week to be part of the presentation panels are in for a real treat.



The Learning Presentations will be followed by the IBL EXPO currently scheduled for Friday the 1st December. This event is open to parents and will showcase a selection of outstanding Year 9 projects

Aboriginal Cultural Excursion

Each Semester we offer all students the opportunity to extend their understanding and appreciation of Aboriginal And Torres Strait Islander cultures and Histories through a guided experience with Elders from our Local Aboriginal community.



This Semester we are visiting the Lake Macquarie area on Wednesday 22nd November where students will have a chance to hear about the histories and stories significant to the Awabakal people as well as visit a number of sites on country around the Belmont, Swansea and Caves Beach area. We will be hosted by the Bahtabah Local Aboriginal Land Council and this event is open to all students across Year 7 – 12. The excursion is free and permission notes are available from Mrs Corney. It is a great way to get out and further appreciate Aboriginal Culture and its genuine significance to all of us as Australians.

“I attended the 2016 cultural excursion and it was a great experience. The day was fun and engaging, and it was truly eye opening to learn about local Aboriginal heritage. I would highly recommend anyone considering going on this excursion to go for a fantastic day” Zoe Davis Yr 9.



Congratulations

Bailey Proud has recently toured New Zealand with the Surf Lifesaving NSW Pool Rescue team where he competed in the NZ National Pool rescue competition. Bailey brought home a Bronze medal in the individual 50 metre swim with fins and a Bronze medal in the 4 x 50 metre Obstacle relay. Bailey has also been selected in the NSW Royal Lifesaving team to compete in the National Championships in January.



Thankyou

A final note from me, as I write my last contribution for the Bulletin. I would like to extend my gratitude to the Merewether High School community for the support and openness I have received throughout my time here. I have recently accepted the position of Principal at Whitebridge High School and will take up my new role at the start of Week 8 this Term. It has been my absolute privilege to lead and learn alongside students, families and staff of Merewether High School. I leave here feeling grateful for the opportunities I have had, the wonderful young people who have inspired me daily, and the commitment and dedication of staff who mark their practice by a genuine commitment to support all students to achieve success. My sincere thanks to both Mrs Rippon and Mr southward who have shared their leadership expertise with me and have made leading at Merewether High School a part of my professional journey that I will always hold dear. I have loved being a part of the Merewether High School team and I look forward to continuing to follow the many successes of our students in the future.

My sincere thanks and best wishes to all for what lies ahead.

N Harvey,

Deputy Principal 7 / 9 / 11

CAPTAINS REPORT

To the students, parents and staff of Merewether High School,

Today we are overjoyed and extremely grateful for not only the opportunity to lead and serve the school as the captains for 2017-2018, but also to introduce you to the remarkable group of young men and women who shall be leading the school alongside us. Backed by amazing vice captains, Lucy Witherdin and Isaac Smart, and emboldened by a passionate team of enthusiastic prefects, the leadership team for the next year is dedicated to encouraging school spirit, creating meaningful change and embodying the core school values of integrity, diversity and excellence.

Jess Avard, Phil Chen, Annabelle Cleary, Ruby Dempsey, Elly Diamandis-Nikelotatos, Callum Donnelly, Lucy Ferguson, Rosie Gately, Meg Holmes, Tess Horton, Josh Kershaw, Mariam Khalid, Sebastian Leacey, Jack Novak, Bailey Proud and Holly Yare all make up our amazing prefect body.

The responsibility that has been afforded us is immense, but so too is the honour that is inherited with such an illustrious title, each of us relishing the opportunity to rise to whichever challenge may face us, to offer new and innovative ideas and above all else, to savour the euphoric experience of working as one cohesive cohort - captains, prefects, peers and staff - to continue to propagate the extraordinary environment that we each are so privileged to call ourselves members of.

Sincerely yours,

Sophie Griffiths and Todd Hodgson

Merewether High School Captains, 2017-2018

November

Merewether High School Bulletin



2017

Social Science

Term 4 has been a very busy time for the Social Science faculty with students being offered a range of extra – curricular activities that enhance the learning experience of students at Merewether High School. Students undertaking Social Science subjects in the HSC in 2017 achieved considerable success. Business Studies, Legal Studies, Geography and Economics students have all worked hard completing their course work and have finally sat their last HSC exam. The constant flow of students through the staffroom is a testament to the dedication of staff in supporting these students providing extra feedback, marking practice papers or acting as mentors guiding the students through the challenges of finishing school and embracing their futures. I would like to acknowledge and thank staff who have supported all of these activities and whose dedication forms the basis of the strong co-operative relationship that has formed between staff and students in the faculty. As our expert team ready themselves for their next role as HSC markers for our subjects we wish the students every success in their future endeavours.

Business Studies

In Business Studies students have commenced working on the first of the Key Business Functions, Operations for the HSC course. For the next term students will adopt the role of ‘operations managers’ as we consider the effective strategies, processes and influences on this key business function through contemporary business case studies. Students have selected an individual case study that they will investigate over the course of the year to deepen their understanding of business concepts. Currently students are determining the best strategy to achieve a competitive advantage in the relevant market of their chosen business.

In the University of Newcastle Business Plan Competition three of our students placed in the top 20 in the state. We congratulate Jade Conner, Bailey Proud and Lucy Witherdin on this achievement.

Legal Studies

Legal Studies students have enthusiastically launched into their investigation of the criminal justice system. The HSC course provides students with an opportunity to apply their understanding of key legal concepts and consider the effectiveness of the legal system in achieving justice for individuals and society. Term 4 will focus on exploring the role of the police investigating crime and the trial process. Students will need to be active in reviewing the media to ensure they are up to date with current legislation and new cases that test the laws. Our Legal Eagle Fridays see each student presenting a case or media article for discussion. These sessions provide an opportunity for students to demonstrate their understanding of the syllabus and run a discussion linked to the themes related to the course.

Mock trial 2017

Congratulations to the Merewether High School Mock Trial team for 2017 who managed to blitz through seven stellar rounds of the NSW Mock Trial Competition undefeated before a narrow loss in the Quarter Final by 6 points to St John Paul College, Coffs Harbour. The team dedicated many lunchtimes and hours towards forming a comprehensive case to present before a magistrate in court and their efforts paid off in their success throughout the competition. Hats off to the 2017 Mock Trial team that fulfilled their roles of Barrister, Solicitor, Witness and Court Official; Will Lucas, Shania Prasad, Ross Fletcher, Rosanna Gately, Elly Diamandis-Nikoletatos, Lucy Witherdin, Luka Harrison, Isabel Formby, Jono Gorsevski, Hannah Head.

Our thanks extends to Michael Evers (Mock Trial mentor), who voluntarily dedicated his time to before-school meetings to offer legal advice and help our case formation. Our gratitude also extends to Ms Tonks, Ms Clarke and Ms Davidge, who took days off school to transport us back and forth from various venues and contributed their time and their care.



Geography

Students have commenced their HSC studies looking at Ecosystems at Risk – a very contemporary global issue. The topic examines the functioning of ecosystems, the stresses placed on them through natural occurrences and more significantly through human activities, and the ability of the ecosystems to recover from those stresses. At least two ecosystems must be studied in detail and as with all of the HSC topics, fieldwork will be undertaken to assist student's understanding of the topic.

Skills continue to be an important component of the HSC syllabus, and students will be building on the skills acquired in the junior school and in the Preliminary course, as well as being introduced to new skills throughout the year. Future topics include Urban Places including a fieldtrip to Melbourne in February next year and People and Economic Activity.

Economics update

The HSC students have now begun studying the Global Economy, investigating issues such as the impact of global economic integration on economic growth and quality of life, the environment and distribution of wealth. Our major case study for this topic is an evaluation of the strategies used by the Chinese Government to promote economic growth. Moonomics is up and running with students presenting a current economic issue each Friday for class discussion.

Currently students are focusing on world trade institutions and will be closely examining the impact current world issues on the local and global economy.

Mrs Burnett

Head Teacher Social Science

MHS Chess Champions 2017



Humanities would like to take a minute to recognise the outstanding efforts of this year's MHS Chess team. Through a series of knockout rounds starting in Term 1 they have worked their way up the ladder of the NSW Junior Chess League culminating with them winning the finals for the regional division against Gloucester High at the end of Term 3.

In previous years our team has made it as far as semi-finals but has never managed to take out the final rounds so a huge congratulations goes to:

- Ruby Dempsey - Year 11
- Dunnil Yohannes - Year 11
- Daniel Jaeger – Year 8
- Coel Mulready – Year 8

The team will be heading off to the state championships in Sydney on the 13th November so wish them the best of luck with their games as they come up against the other regional champions from around the state. It is expected to be a huge day starting with a 5:30am train trip to Sydney and 8 straight hours of games against some of the best players around.

Regardless of the final result however this year's team has done a brilliant job and set an extremely high standard for our future players. Anyone interested in trying out for the 2018 team should come and talk to Mr Gibb in the Humanities staffroom with teams being finalised during Term 1 of each year.

MHS At the National History Challenge 2017



Humanities would like to offer our congratulations to Sophia Scepanovic in Year 10 for winning the National History Challenge for NSW this year. Sophia's paper was judged the best in her age category so she was invited to a presentation ceremony in Sydney earlier this year to receive her award and prizes from the History Teacher's Association and our state member Tim Crakanthorp. Below I've included a brief synopsis of Sophia's response on the role of Caroline Chisholm in supporting Australian women.

This prize is highly coveted year to year and MHS has a strong tradition of academic writing which we hope will continue into future. Well done Sophia, we hope that you are proud of your achievement and that it will inspire next year's students to aspire to the same heights.

Synopsis - *Caroline Chisholm was a philanthropist who was committed to helping Australian immigrants from 1838 to her death in 1877. Caroline Chisholm took struggling female immigrants into her house to educate them and find work for them, before establishing the Female Immigrants Home to help more women. She then helped thousands of people find jobs and homes, personally creating employment agencies throughout New South Wales. Chisholm later formed the Family Colonisation Loan Society, giving financial aid to immigrating families, and she also promoted safer ship conditions. Caroline Chisholm's work improved the lives of thousands of people and was essential in making the world a better place.*





PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION



Year 7 and 10 PASS – Lifesaving:

The 2017 Year 7 Personal Survival and Lifesaving program will be conducted week 8 on Wednesday 29th, Thursday 30th November and 1st December from 9.00am to 12.45pm at both Newcastle and Merewether Baths. Year 7 students have been issued with an information note that includes a 'Structured Aquatic Activity – Response' section (see below) that needs to be returned to the office along with the \$15.00 levy by Friday 16th November. The program complements the work studied in health lessons on Water and Sun Safety, and First Aid and all of Year 7 are expected to attend the 3 sessions. Year 10 PASS students will be the instructors for the program. They have undertaken in-class activities and a skills training day at the baths in preparation. Instructing the Year 7's complements the work that Year 10 have studied this year on Coaching and Skill Acquisition in PASS.

<p>Structured aquatic activities - advice (This form needs to be returned with \$15 payment to office.</p> <p><i>The excursion will involve structured aquatic activities: Year 7 students will be organised in ability groupings and undertake training conducted by Year 10 elective PASS students in a series of personal survival skills and aquatic activities. All groups will operate under the supervision of PDHPE staff and will involve pool and dry land rescue activities</i></p> <p><i>These activities will take place at: Ocean Baths at both Newcastle and Merewether Beaches. Other activities will take place on the sand at Merewether Beach</i></p>
<p>Structured aquatic activities - response <i>In relation to the proposed structured aquatic activities (please sign):</i></p> <p><i>My child is permitted to participate in the Year 7 Lifesaving program as conducted by Merewether High School under the conditions outlined in the attached note.</i></p> <p>..... <i>Signed parent / care giver</i></p> <p><i>To effectively ensure that the program meets the skill level of students while meeting the personal survival outcomes of the program parents are asked to indicate the swimming ability of their child (please circle response):</i></p> <p><i>A non swimmer: My child is unable to swim, as part of this program non-swimmers will learn basic dry land rescue procedures as well as engaging in water confidence activities aimed at increasing the student's ability to effectively respond to emergency situations in an aquatic environment.</i></p> <p><i>A weak swimmer: My child is comfortable and confident in shallow water but cannot swim very well. A child in this category would not be able to swim continuously for 50m using efficient strokes.</i></p> <p><i>An average swimmer: My child is a reasonable swimmer. A student in this category would be able to confidently swim 50-100m efficiently but would struggle to maintain form and fitness over longer distances.</i></p> <p><i>A strong swimmer: My child is a strong swimmer and is very confident in deep water. A student in this category would be confident in swimming distances up to 200-400m, doing so with an efficient stroke and without undue fatigue contributing to loss of form.</i></p> <p>..... <i>Signed parent / care giver</i></p> <p>Student Name: Class:</p> <p><i>(This sheet needs to be returned to the PE Staffroom by Friday 16th November)</i></p>



PERSONAL DEVELOPMENT, HEALTH & PHYSICAL EDUCATION



Years 9 & 10 Physical Activity & Sports Studies (PASS) 2018:

The Annual New Zealand Adventure Excursion will be conducted in the July school holidays in 2018. An 'Expression of Interest' form has been distributed to students who will be studying PASS in 2018. The six day excursion will cost \$1780 and is inclusive of all activities, most meals, flights, travel insurance and accommodation. The 'Expression of Interest' form (below) is due before the end of Term 4 along with the \$280.00 deposit. Additional information is available at the following link: <https://spark.adobe.com/page/Em5HrSeyo3GhZ/>



EXPRESSION OF INTEREST

In July 2018 the PE Department will be conducting its Annual New Zealand Adventure Excursion. Students that are interested should complete this form and return it to Mr Harrison asap. The deposit payment of \$280 needs to be made to the Cashier prior to the end of Term 4 2017.

Student Name..... Current Year

Home address

Parents Name

Parents email contact

I wish to express an interest on behalf of my child to attend the New Zealand Pass Excursion scheduled for July 2018. I will organize the Deposit payment of \$280 to the Cashiers Office by the end of 2017. (NB. This deposit is fully refundable if the student withdraws)

Signed
(Parent/Caregiver)

Signed
(Student)

English

After winning their zone final, our Year 8 debating team progressed to the Hunter Central Coast Regional Final. This group of students represented Merewether High School and the Newcastle Zone with distinction but were however, narrowly defeated in their final debate.



Ms Ann Carman and our Year 8 debating team; Charlotte Paterson, Sarah Hayes, George McNamara and Thomas York

Dharam Arora has been successful in being chosen to represent the Hunter region as part of the Regional debating team. In a few weeks he will represent MHS and the region and participate in a range of debates at the Junior NSW State Debating Championships Camp in Sydney.

HSC English

Students in Year 11, both Advanced and Standard English, have been exploring the Area of Study, Discovery. HSC English text requirements have been emailed to all students and posted on the Moodle. Students must ensure that they have the correct texts ready to start their next module week 8 of this term.

ICAS successes

Congratulations to Emma Cornally and Harry Su who were both awarded ICAS medals for their achievements in ICAS Examinations. Emma received her medal for ICAS Spelling and Harry was awarded his for his achievements in ICAS Writing. Congratulations also to the students below who achieved High Distinctions and Distinctions in the ICAS English, Writing and Spelling Competitions.

ICAS Spelling Results

High Distinction: Emma Cornally, Chloe Kidd, Anna Nikishina

Distinction: Imogen Barker, William Bryant, Emma Cullen, Caden Jones, Eshal Khalid, Jodi Manning, David March, Mason Mignanelli, Vinayak Nagarsekar, Justin Ngo, Joshua Noy, Adam Ross-Evans, George Sorokowski, Aidhan Stanwell, Aleesha Sureshnair, Lachlan Tuck

ICAS Writing Results

High Distinction:

Year 7 - Timothy Hayes, Bella Petraello, Alice Thompson, Ryan Woolnough

Year 8 - Dario Bergmann, Aidan Carthew, Daniel Clarke, Tulip Cranson, Youka Freeman, Sophie Loiselle, Monet Murray

Year 11 - Harry Su



Distinction

Year 7 - Una Atilano, Lachlan Baker, Imogen Barker, Samuel Blyth, Ruth Chen, Brooke Coleman, Emma Cullen, Matthew Dorado, Elysha English, Arkadjya Harara, Samuel Hill, Maya-Jane Howat, Clancy Keyte, Eshal Khalid, Seth Lever, Emma Lucy, David March, Mason Mignanelli, Anna Nikishina, Ella Osborne, Dulara Perera, Flynn Stacey, Josephine Thwaites, Darcy Tydd, Matthew Whelan, Elizabeth Wood, Jack Woodhead

Year 8 - Smriti Alapatt, Benyamin Bach, Caitlin Barnett, Abbie Barr, Rick Bhattacharyya, Teia Bradbury, Isabella Bywater, Pat Charters, Baeden Clements, Maya Cox, Lana Dowman, Laura Edwards, Liam Fabien, Charlotte Fauchon, Laura Fernando, Ethan Floyd, Ari Foggo, Nathaniel Girdler, Zenden Grieves, Jacob Hughes, Daniel Jaeger, Vashisht Jain, Cooper Janzen, Oliver Kelson, Sam Keogh, Unai Ladron De Guevara Lo, Crystal Lang-Piason, Corey Lawson, Caitlin Luo, Jenna Marley, Joshua McCarthy, Dylan McClafferty, George McNamara, Annabelle Miller, Eve Oxenham, Elliot Page, Amelie Paris, Lillian Philpott, Aditya Ratheesh, Matthew Ross-Evans, Manon Rouge, Elise Saccaro, Fatema Salam, Sei Shin, Isabel Smede, Sudhan Sridharan, Daniel Stamenkovski, Flynn Starrett, Jennifer Sun, Griffin Sutters, Kepei Tan, Ganan Thiayakesan, Andrew Tilley, Daniel Whelan, Angela Woods

Year 9 - Jeremy Burns, Saharsh Joshi, Amy Tan

Year 10 - Angus Atkinson, Sharvil Kesarwani, Eben Taylor, Henry Tregilgas

Year 11 - Ross Fletcher

ICAS English

High Distinction:

Year 7 - Lachlan Baker, Matthew Banney, William Bryant, Taja Newling, Sam Spratt, Rebecca Vincent.

Year 8 - Monet Murray, Elizabeth Patterson, Manon Rouge, Jasper Toole.

Year 9 - Dharam Arora, Christopher Beck, Martyn Cox, Genevieve Ball, Mackenzie Gilligan, Aiden Gluvchinsky, Ella Simons.

Year 10 - Hamish Douglas, Aditya Enjeti, Louise O'Rourke, Cooper Porter-Kay, Eben Taylor, Henry Tregilgas.

Year 11 - Kate Edwards, Ross Fletcher

Distinction:

Year 7 - Ebonnie Armson, Una Atilano, Imogen Barker, David Blake, Talara Bosworth, Brooke Coleman, Liana Corbett, Emma Cullen, Sophia Devine, Matthew Dorado, Samuel Fallding, Alex Garnett, Daisy Grady, Maghnus Grady, Lukas Gremm, Alara Guner, Noah Handley, Arkadjya Harara, Timothy Hayes, Peter Hellemons, Lennox Hepple, Michelle Jonker, Chloe Kidd, Kaliyaperumal Kumaravel, Seth Lever, Josephine Lewer, Emma Lucy, Isaac Lyon, Jodi Manning, Mason Mignanelli, Tayden Nicholas, Eva Nyman, Hayley O'Brien, Samantha Phillips, Will Rayward, Lucy Redpath, Adam Ross-Evans, Riley Sharrock, Emily Sun, Erin Symes, Alice Thompson, Nathan Thong, Charles Walker, Emily Webb, Elizabeth Wood, Jack Woodhead, Ryan Woolnough.

Year 8 - Abbie Barr, Zane Butterworth, Isabella Bywater, Aidan Carthew, Alison Collins, Claudia Crofts, Samantha Deep, Joshua Diebert, Neve Eardley, Laura Edwards, Mirielle Edwards, Zoe Fennell, Daniel Flood, Elijah Gibson, Nathaniel Girdler, Zachary Gower, Sarah Hayes, Jacob Hughes, Cooper Janzen, Corey Lawson, Sophie Loisselle, Jessilyn Maher, George McNamara, Naomi Mills, Lily O'Callaghan, Harrison Relf, Oscar Richards-Flanagan, Matthew Ross-Evans, Xanthe Sculion, Kepei Tan, Eliot Taylor, Jeremy Thomas, Grace Waring, Bodhi Watts, Andrew Weerasinghe, Emma Welsh, Eddie Young.

Year 9 - Harry Adnam, Elizabeth Allen, Luca Borserio, Molly Boyd, Nikki Burgman, Blake Campbell, Ella De Grauw, Jessica Fonti, Jesse Fyfe, Josephine Gallop, Ruby Hackett, Layne Karger, Ruby Keyte, Brianna Maley, Nicole Maningo, Lara Manning, Cas Masia, Rebecca Mason, Kaitlyn McMahon, Anna Muddle, Klara Norris-O'Neill, Isabella Rayward, Ruby Rodrigues, Christopher Vallance, Lucas Weng.

Year 10 - Angus Atkinson, Benjamin Beck, Rogue Bowman, Nicholas Campbell, Brooke Candy, Daniel Cosgrove, Emma-Louise Curtis, Connor Davis, Alicia De Siqueira Mattes, Leah Dove, Jack Fonti, Liam Garvey, Jasmine Gibson, Shannon Gillan, Georgina Hay, Kevin Heer, Sharvil Kesarwani, Susanna Kwok, William Lucas, Chathuni Mabotuwana, Jabez Mehanathan, Madison Mulder, Alice Musgrave, Ella Perry, Anna Popowicz, Alexandra Plotnikoff, Terry Roy, Sophia Scepanovic, Eleanor Sherlock, Kayla Walsh.

Year 12 - Cameron Shaw-Carmody

Finally, after students complete their Semester 2 English Examinations, they need to ensure that they return any English novels or texts they may have loaned this term or throughout the year. We would like all of these texts returned before we complete a stocktake in week 8.

LANGUAGE NEWS

Congratulations to our senior students on successful completion of their HSC Language exams. Our seniors have been wonderful role models in language learning and intercultural understanding and we know that an exciting and rewarding future is ahead for them. We would also like to thank our native speakers for their assistance in developing their speaking and writing skills during 2017.





Indonesian classes this term have been using language to create a market place and bargain and present their own Project Runway style fashion shows. During our Indonesian market we saw some shrewd bargaining take place and our fashion show saw some interesting super hero, hippie wedding, masquerade and sport outfits paraded.



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Japanese classes have been taking virtual tours of Japan and exploring destinations to visit on their future travels. Cultural activities like shodo brush and ink writing have taught us to relax as we practiced our kanji characters .



CAPA FACULTY

MUSIC

Congratulations to Jamie Rea and Zephan Thambar who were nominated for Encore for their HSC Music performances. Jamie was nominated for his Music 2 and Music Extension program and Zephan was nominated for Music 1. Encore is the showcase of excellence for HSC Music performances, with the concert to be held in the Sydney Opera House in February.



BANDFEST

Merewether High School was well represented at the regional Bandfest last month, with performances by the Concert Band, Jazz Band, Jam Ensemble, String Ensemble and Flute Quartet. The String Ensemble took out 1st place and all other ensembles were Highly Commended or Commended for their efforts. Congratulations to all our musicians!



MEET THE MUSIC EXCURSION

Some lucky music students had the privilege of seeing Katie Noonan perform with members of her band and the Sydney Symphony Orchestra in a Meet the Music concert at the Sydney Opera House on 8 November. It was a very special concert as it featured the poetry of Michael Leunig, recited by the poet and then performed in songs written by Katie Noonan while Leunig sketched his artworks live on stage as they were projected onto a big screen behind the orchestra. It was a truly magical concert. I'd like to thank all the music students who have attended concerts this year for their wonderful company and the way in which they have embraced all the music they have been exposed to. Thanks also to the indefatigable Mrs Tenorio for driving the minibus each time!



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Performance Night

YEAR 10 MUSIC

WHEN: THURSDAY 30TH NOVEMBER 2017 AT 6PM

WHERE: MEREWETHER HIGH SCHOOL, LEARNING CENTRE



HUNTER WIND ENSEMBLE

Hunter Wind Ensemble (HWE) is the regional Wind Band made up of 46 students from 15 different NSW Public Schools across the Tamworth Directorate. 12 members are from Merewether High School – Lara Fraser-Geddes, Zeraphina Freeman, Adrienne Hanslow, Maya-Jayne Howat, Eve Leacey, Ella Simons, Noah Grady, Callum Smith, Rowan Smith, Max Spencer Karinen, Sam Spratt and Jack Matthey.

On 6th November they performed a featured item on the stage of the Opera House. Many of our MHS representatives are touring in January 2018 to Spain and Portugal with Hunter Wind Ensemble, including Mrs Alison Tenorio who is the Manager of the ensemble. We wish them a wonderful musical and cultural experience.



HUNTER SINGERS AUDITIONS

The regional choir Hunter Singers will be holding auditions for 2018 on Tuesday 5 December, 4.00-6.30pm at MHS Learning Centre. Anyone who loves to sing is welcome to audition for the group. There are currently 11 MHS students in Hunter Singers: Matthew Banney, Isabella Bettini, Julia Boyd, Stephanie Hanlon, Vithaki Mukunthan, Georgia Olds, Alexander Paterson, Lucinda Paterson, Vihan Roy, Will Sim and Ganan Thiyakasen. The group will be touring to Canada in 2018. The next Hunter Singers concert will be on Sunday 3 December, 2pm at Adamstown Uniting Church. Tickets are available at www.trybooking.com/SRQJ - \$25 adults, \$20 concession, \$10 children. Audition forms for Hunter Singers are available at www.huntersingers.com.

Hunter Singers & Hunter Trebles




Consort Music



With Special Guests **Nova Praetorians**

Sunday 3 December 2017, 2pm
Adamstown Uniting Church

Music Director – Kim Sutherland OAM

Tickets \$25 adults, \$20 concession, \$10 children
Tickets available at www.trybooking.com/SRQJ

VISUAL ARTS

HSC Artexpress nomination

Congratulations are in order for So-Yeun An whose artwork “The path to validation: From Artemesia to today’ was nominated for Artexpress 2017. Her artwork explores the historic and contemporary milestones encountered by women through the ages through the use of signs and symbols. You might recognise two of our students as So-Yeun’s muses!



So-Yeun An with her Year 12 Body of Work

Excursion to Archibald

Students went on an excursion to Sydney to visit the Archibald, Wynne and Sulman exhibition at the end of last term to compliment their case study on the Archibald Prize and Merewether Portrait Prize exhibition. There were some amazing artworks including portraits by school students of their retiring principal, Ahn Do winning People’s Choice and lots of self portraits. The students enjoyed their time and came back inspired for more artmaking.







MHS 41st Sports Presentation celebrating the success of students in the sporting arena was conducted on Wednesday 20th September 2017 in the Bensley Hall. As always, the presentation was a huge success and was well attended by parents and friends of the award winners. Congratulations to all students who received an award at the ceremony and a special mention to Angel Barber and Troy Brouwer who were the recipients of the prestigious Sports Woman and Sports Man of the Year trophies.

Term 4 sport choices have now been finalised. All students participating in a sport that is off-site must have returned a parent signed permission note. Students who travel by bus to their sport venue should have paid the \$50 bus levy by Friday 10th November. Sport selections for Term 1 2018 will be available later this term.





U/15 Girls KO Netball

Congratulations to the 1st Division U'15 girls KO netball team who won the City Zone Gala Day earlier this term. 5 wins from 6 games was an excellent result. The division 2 team also had a great day and both teams are to be commended on their sportsmanship and enthusiasm that they displayed throughout the carnival. The 1st division team will play in the Hunter Regional Gala, at National Park on Wednesday 22nd November.

Eight Merewether High students will be honoured as an award recipient at the 2017 Hunter Secondary Sports Awards to be held at Diggers, Wallsend on Wednesday 6th December 2017. Congratulations to:

Eloise Petersen	Australian Rules	Sporting Blue
Matthew Humby	Water Polo	Sporting Blue
Mitch Robinson	Water Polo	Sporting Blue
Sarah Pickering	Athletics	Sports Award
Milly Stephenson	Athletics	Sports award
Charlie Walker	Swimming	Sports award
Kaiya King	Trampoline Sports	Sports award
Angel Barber	Touch	Special Mention





The MHS U'15 had a successful day at the City Zone Gala held at Broadmeadow in week 10 last term. Both teams were unofficial Zone champions as they were both had convincing victories in their respective final.



The Under 15's water polo teams played in the knockout gala day at Lambton pool, earlier this term. The girls team were up against Warners Bay high school first but were defeated. The boys team were successful in their first game against Wallsend High but were defeated in Round 2 by a strong team from Lambton HS. The girls were narrowly defeated in round 1 by Warners Bay HS.



U/15 girls team – Charlie Campbell, Jesslyn Maher, Lara Van Dorsen, Lara Manning, Ruby Hackett, Kaity McMahon, Milla Harrison, Isabella Raywood

U/15 boys team – Jared Muller, Ben McPherson, Max Tucker, Oscar Power, Thomas Grice, Charlie Hawke, Jesse Fyfe, Dylan Day



U'15 Baker Shield Cricket Team

The boys defeated Kotara HS in Round 1 and Lambton HS in Round 2 and will take on Maitland HS in the next round later this term. Baeden Clements, Ryan Woolnough and Daniel Walls outstanding bowling performances and Joey Clifford's excellent wicket keeping skills contributed to the team's success.

Opens Davidson Shield Team

Merewether High School took on Lambton High in the open schools knock out in late October. MHS scored 2-241 thanks to openers Edan Brichta and Wilson McTaggart scoring 102 not out and 101 respectively. Unfortunately it wasn't enough to win us the game. Lambton High passed the MHS score for the loss of 2 wickets.



Mitch Robinson and Matt Humby represented Hunter in the NSWCHS Opens Water Polo Championships earlier this month. Hunter were victorious in winning the gold medal defeating Sydney North 6 – 3 with Mitch scoring 5 and Matt 1 goal in the final. Both Mitch and Matt have been named in the 2018 NSWCHS team.



Mitch was awarded 'Player of the Tournament' for his strong performances throughout the championships.



Matt has also been nominated as a recipient of a prestigious NSWCHS Sports Blue for Water Polo.



OUR OWN MHS STUDENT TO STUDENT MENTOR PROGRAM

Any student who would like support or assistance with any area of school life....

**ACADEMIC TUTORING IN A PARTICULAR SUBJECT
STUDY AND ORGANISATIONAL SKILLS
GENERAL SUPPORT OR SOMEONE TO CHAT TO**

You can meet weekly, fortnightly, from time to time, when you have assessments coming up..... it is very flexible and up to you.

The Student Guide mentors are students from Years 9 - 12 who have volunteered to help other students..... we have so many talented, experienced and organised people in our student body so it makes sense to have you all helping each other. Students will be trained as mentors on Thursday 23rd November.

If you would like to have a student mentor please complete the survey which can be found at the following link in your emails!!!!

For any further enquiries..... if you have applied for a mentor but they have not yet made contact, or if your needs have changed and you are no longer in the program or wish to re-apply for a different kind of mentor please see Mrs Allen or Mrs Chalmers.

Thank you to all the wonderful students already making the most of this program either as a mentor or mentee in this popular student based initiative.

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	NOVEMBER
17/11	Prefect's Investiture 11.00am
20/11	Year 12 Advanced Maths Task
21/11	Year 11 (12 2018) PLG
22/11	Year 12 Extension 1 Maths Task
24/11	Year 11 Assembly 11.00am
27/11	Learning reflection Year 8
29/11	Year 7 Lifesaving
30/11	Year 7 Lifesaving
	DECEMBER
1/12	Year 7 Lifesaving
4/12	Year 12 Extension 2 Maths Task Year 12 General Maths Task
5/12	Year 7 (2018) Orientation Day
7/12	Christmas Photos Santa
11/12	Year 10 Assembly 9.15am Year 9 Assembly 11.00am
12/12	Year 8 Assembly 9.15am Year 7 Assembly 11.00am
14/12	HSC Results Presentation Assembly - 10.30am
15/12	Year 12 BBQ - 11.00am End Of Term 4
30/01	2018—Term 1 commences for Years 7, 11 and 12
31/01	2018—Term 1 commences for Years 8, 9 and 10



THE UNIFORM SHOP

New Uniforms for 2018



It is recommended that all current students requiring new uniforms for 2018, make an appointment to come in for a Uniform Fitting before the end of Term 4.

We recommend this, so that the wait times over the January period are reduced, making the shopping experience more pleasant.

Lay-by Options are available.

Price lists, Contact Details, Opening hours and Booking information are available online by logging into www.alintaapparel.com.au

Thank You Uniform Shop

P&C News

Canteen Volunteers: Thank you to all the people who have volunteered to fill the gaps in our canteen roster for the remainder of the year! This will allow us to implement our Summer menu with healthy food choices available every day.

Summer Menu: Please see our Summer Menu below. This menu will cover 4th term this year and 1st term next year. Other menu suggestions always welcome – talk to Sharon or Lisa or email the committee on merewetherhighpandccan-teen@gmail.com.

Thank you to Volunteers: The school will be holding a “Thank you to Volunteers” event on Monday 20th November at 6pm at the Duke of Wellington to thank all the volunteers who have contributed to the school this year.

Return and Earn: The NSW Government is introducing the “Return and Earn” container deposit scheme from 1st December 2017. Most NSW beverage containers will be eligible for a 10-cent refund with some exceptions eg milk cartons. Prices on most drinks at the Canteen will increase by approx. 10c on 1st December. Eligible containers can only be exchanged for a 10-cent refund or voucher at an approved collection point eg Woolworths supermarkets, **NOT** at the canteen.

Next P&C Meeting: The MHS P&C meets in the Independent Learning Centre on the 3rd Tuesday of each month (excluding school holidays) at **7:30pm** in 4th and 1st terms. The P&C will not now meet again until next year, on Tuesday 20th February.



Merewether High School Canteen - Menu for Term 4 - 2017

4.10.17

SALADS, SANDWICHES, WRAPS & SUSHI	
BASIC SANDWICH	\$2.00
Cheese+Ham & Tomato+Cheese & Tomato	
CLASSIC SANDWICH	\$3.00
Egg & Lettuce+Garden Salad Delight+Ham & Cheese +Ham, Cheese & Tomato	
Toasted sandwiches are available as orders	
DELUXE SANDWICH	\$3.50
Chicken, Mayo & Fancy Lettuce Garden Salad & Cheese Garden Salad & Ham	
GOURMET WRAPS	\$4.00
Fancy Fresh Salad Ham & Spinach Garden Salad Chicken, Mayo & Lettuce	
SUSHI -market price	
FRESH SALADS	
Crispy Noodle Salad	\$2.50
Seasonal Garden Salad (by order only)	\$2.50
Ruby & Jorjia's Prize Fusilli Salad	\$3.00
Chicken Caesar Salad	\$4.20
Caesar Salad	\$3.00
Miscellaneous	
Sauce portions	\$0.30
Salad or Sandwich additions order only:	
Pineapple, Cheese, Egg or Ham add 70 cents	
Chicken add \$2.00	

DAILY HOME MADE SPECIALS	
To keep our menu fresh and varied, we rotate our freshly made food daily, with choices available each day - check the board to see what's on special!	
Monday Specials	
Beef Burger	\$4.00
Fried Rice	\$2.50
Tuesday Specials	
Fresh Chicken Wraps w/ sweet chill & Cheese	\$3.00
Focaccia- Chicken Special	\$4.20
Fried Rice	\$2.50
Wednesday Specials	
Fresh Chicken Wraps w/ sweet chili & Cheese	\$3.00
Vegetarian Pasta	\$2.00
Greek Style Salad	\$3.00
Thursday Specials	
Focaccia- Chicken Special	\$4.20
Greek Style Salad	\$3.00
Beef Burger	\$4.00
Friday Specials	
Beef Burger	\$4.00
Fried Rice	\$2.50



SNACKS	
Fruit: seasonal & fresh	market price
Pikelets- Fruit O' the Day	\$1.60
Vegetable Snack Pack	\$0.80
Bean Salsa & Vegetable	\$1.50
Cheese & Wholegrain crackers	\$1.20
Fresh Fruit Salad	\$2.50
Yogurt Berry Crunch	\$2.50
Hot Cheesy Garlic Roll	\$2.00
Egg in Bread	\$1.50
PIZZA SUB	\$1.50
Vegetarian * Hawaiian *	
Ham & Baby Spinach & Cheese	
Occasional Snacks	
Mousse	\$0.80
Chips 28g	\$1.50
Garlic roll, mini	\$1.30
Popcorn (Sweet & Salty)	\$1.10

DRINKS	
Plain milk 300ml	\$1.20
Plain milk 600ml	\$2.00
Classic flavoured Milk 300ml	\$2.00
Classic flavoured Milk 500ml	\$3.00
Water - 350 ml	\$0.70
Water - 600 ml	\$1.10
Appletiser	\$2.30
Hot Chocolate	\$1.50
Tea or Coffee	\$1.50
Berri Juice:+Apple+Oranges	\$2.50
Pineapple+Tropical*Multi V	
Dare 500ml coffee drinks	\$4.00

FROZEN SNACKS	
Frozen Fruit - Market Price	
Fruit Tubes	\$0.40
Juice cups -Orange, Apple or ABC	\$0.60
Vanilla party cups	\$1.40

Occasional Hot Meals	
Pie: Lean Beef	\$3.50
Sausage roll, low fat	\$2.00
Spinach and ricotta roll	\$3.20
Noodle Cup	\$2.30

Thanks to the FOOD TECHNOLOGY - 2016 Year 7 for all great salad recipes. Check out Ruby & Jorjia's winner!

 = Everyday choice for Healthy Eating
 = Occasional choice for Healthy Eating



Merewether High School Uniform Shop



Shop Hours

Monday 8.00-12.00pm

Thursday 1.00-3.30pm

Contact Details

0401 725 885

merewetherhigh@alinta.com.au

130 Chatham Street, Broadmeadow
NSW 2292

Girls Uniform: Yr7-Yr9	Size	Price
S/S Blouse	J8-L20	\$39.00
Tartan Skirt	J8-L20	\$69.00
Formal Shorts	J10-L20	\$44.00
Fitted Pants	J10-L20	\$49.00
Girls Uniform: Yr10-Yr12	Size	Price
S/S Blouse	J10-L20	\$43.00
Tartan Skirt	J8-L20	\$69.00
Formal Shorts	J10-L20	\$44.00
Fitted Pants	J10-L20	\$49.00
Boys Uniform: Yr7-Yr9	Size	Price
S/S Shirt	J8-3XL	\$37.00
Formal Shorts	J8-3XL	\$48.00
Formal Trousers	J10-3XL	\$55.00
Boys Uniform: Yr10-Yr12	Size	Price
S/S Shirt	J8-3XL	\$37.00
Formal Shorts	J8-3XL	\$48.00
Formal Trousers	J10-3XL	\$55.00
Outerwear	Size	Price
Jumper	10-16	\$82.00
	18-20	\$92.00
	22-26	\$102.00

Sports Uniform	Size	Price
Sports Polo	J8-3XL	\$44.00
Sports Shorts	J8-3XL	\$38.00
Tracksuit Jacket - Heavy	J10-3XL	\$89.00
Tracksuit Pants	J10-3XL	\$50.00
Bags	Size	Price
Swim Excursion Bag	one	\$20.00
Backpack	Large	\$84.00
Accessories	Size	Price
Sport Socks	All Sizes	\$10.00
White Socks	All Sizes	\$6.95
Black Socks	All Sizes	\$6.95
Microfibre Tights	All Sizes	\$10.00
Leather Belt	All Sizes	\$17.00
Bucket Hat	S-XL	\$22.00
Sports Cap	One Size	\$18.00
Gloves		\$8.00
Scarf		\$11.00
Fabric Marker		\$4.00

Note:

- Sizes not carried are available by custom order. 3 month lead time applies. An additional \$10.00 is applied to custom orders and all sizes above and including a 4XL/L22.
- Online orders are distributed from the Uniform Shop the next opening day of the shop. A postage charge will occur for all orders marked for delivery.
- Payments can be made by Cash, Credit Card or Debit Credit Cards only.

Prices Effective from 1-10-2017 and are subject to change without notice.