



Diary Dates

Tuesday 8th June

P&C Meeting - 5:30pm

This Issue

- P1 Principal
- P3 Deputy Principal
- P4 CAPA
- P12 Food Technology
- P15 Uniform Shop
- P16 Event Calendar

Dates to Remember

Tuesday 8th

Y12 PLG - 9am

Monday 14th

Queen's Birthday Holiday

Tuesday 15th

Y7 PLG - 9am

Principal's Report

Merewether High School recognises the vital partnership between parents and schools in the education and wellbeing of our students. Parents and carers have a right and a responsibility to play an active role in the education of their children. We value our families being actively involved in the life of our school and sharing their knowledge and expertise. We know that this partnership creates supportive environments for our students to flourish and succeed at home and at school.

Events such as the P & C Meeting ensure that we have a parent perspective in our school's decision making and planning. These meetings are incredibly valuable to the school and provide our parents and carers the opportunity to engage with the school community in an informal setting. As a school we warmly welcome parent and community voice and see it as a valued asset in strengthening our positive school culture.

At our last P & C Meeting, it was voted by the members that the P&C will now conduct their meetings on a Tuesday at 5.30pm in week 3 and week 8 of each term. These new meeting times were proposed to help families to be able to attend due to the earlier start time and consistent meeting dates. I would cordially like to invite all of our parents and carers to our next P & C Meeting, held on Tuesday 8th June.



Meetings are now held in
weeks 3 and 8 of each term
on Tuesday at 5.30pm

Merewether High School

P & C MEETING

Tuesday 8 June, 2021 at 5:30 PM

Apologies can be emailed to merewetherhspsc@gmail.com



On Thursday 2nd June, I was privileged to attend Lizotte's to watch our HSC Music students. Not only were the performances amazing, our students shone on the stage, entertaining and captivating the audience with their incredible musicianship. We are so incredibly fortunate to have such talented students at Merewether High School, who are not only supported by our dedicated CAPA staff, but also their families and external music teachers.

I would like to congratulate and thank our HSC Music students: Aidan, Jacob, Elise, Eve, Jenna, Dawn, Scarlett, Manon, James, Lily, Grace, Sophia, Georgia for an outstanding evening. Additionally, I would like to extend a heartfelt thank you to Ms Alison Tenorio, Ms Rebekah McClure, the accompanists, our supportive parent body and staff who were in attendance and all who made the evening so special and memorable.



Over the past three weeks Ms Corney, Mrs Crooks, Miss Wenham, Mrs Scollay, Mr Berry and myself have interviewed all Year 12 students to discuss their current academic achievements and aspirations. We have been very impressed with the majority of Year 12 students, their honesty and willingness to discuss their current position and the areas they need to concentrate on over the rest of their time with us to maximise their outcomes. We are continually looking at the ways we can continue to support Year 12 as they move towards the HSC. The Independent Learning Centre is open before school (7.30 – 8.50 am), Monday to Friday and after school (until 5.00pm) Monday, Tuesday, Wednesday and Thursday for the use of Year 12 students in private study. Those students who have a mentor continue their work in establishing good routines and study habits.

The end of term is an extremely busy one with students completing exams and teachers marking, providing feedback and writing reports. Years 7, 8 and 9 will receive their reports in the last week of term and Year 11 theirs at the end of Week 8. Year 10 will receive their reports in Week 3, Term 3. Year 10 exams finish the second last week of this term and for staff to have time to mark, give feedback and write reports we need to carry this timeline across the holidays.

Parent teacher interviews will be held for Year 11, Thursday 17th June; Years 7 and 9 on Tuesday 20th July and Years 8 and 10 on Thursday 29th July. Emails will be sent to parents with instructions on how to book appointments for these interviews. The last day of the term is Friday 25th June. Term 3 will commence for all students on Tuesday 13th July. Monday is a timetabled Staff Development Day for all staff across our school. The SDD will be focused around 'School Excellence in Action'. The professional learning that will be undertaken by school staff will aim to support our faculties to implement the 2021-2024 Strategic Improvement Plan.



Deputies' Report

Term 2 is always a busy term, but this year it has been so rewarding to be involved with a range of activities that we weren't able to be involved in in 2020 due to COVID. Between the two of us we have had the pleasure of coaching sports teams, visiting classrooms and seeing students engaged in a range of learning activities and watching a range of creative and performing arts showcases. The depth and breadth of our student talent never ceases to amaze us.

This term our students in Years 9 and 8 had the opportunity to meet with our Police Youth Liaison Officer who covered topics on Safe Partying and Cyber & Social Media Safety. Our Year 7 students will have an opportunity to meet with her in Term 3. In addition to these talks we also have a Legal Aid Solicitor coming to meet with students in Years 9, 10 11 and 12 to present the 'Let's Talk Consent' workshop in week 9 of this term.

This term concludes with our Semester 1 ROSA assemblies where we take the opportunity to celebrate the achievements of our students. In addition to welcoming parents on site (COVID permitting) we will also live stream these celebrations of success.

Year 11 will venture off to Jindabyne for their camp in week 10. This is a fantastic opportunity for them to connect with a range of peers in their year group while making memories that they will carry with them forever.

Next term, we will have the opportunity to meet with families of students in Years 7, 8, 9 and 10 to discuss curriculum choices for 2022. This is a fantastic opportunity for our parents and students to meet and speak with a variety of staff regarding subject selections and curriculum pathways. We look forward to welcoming as many families as possible at these evenings.

Jane Crooks & Esme Corney

CAPA

HSC MUSIC 2/MUSIC EXTENSION – SYDNEY CONSERVATORIUM OF MUSIC

On the 12th May, Year 12 Music 2 students boarded the 6:30am train to travel to Sydney Conservatorium. Once there, they experienced a 2 hour session with lecturer/composer/HSC composition marker, Dr Jim Coyle, to work on and receive feedback on their mandatory HSC compositions. This face to face session followed a Zoom conference meeting with Dr Coyle earlier in the year. Students then attended a lunchtime concert in Verbrugghen Hall featuring small ensembles presented by 3rd year university students. MHS HSC students found this an excellent experience in not only observing the quality of technique, but to critique stage presence and performance criteria. This has been an invaluable connection between Sydney University and Merewether High School that both establishments wish to continue well into the future.



TAREE EISTEDDFOD

120 Music Ensemble students and 2 trailer loads of instruments ventured off on a road trip to Taree Eisteddfod on Thursday 27th May. This is the first time that MHS has participated in this event and we were astounded as we were greeted by a very friendly organiser and community of music lovers. The event was held in a professional venue, The Manning Entertainment Centre (otherwise known as the MEC). It was a lovely day performing in a professional venue to an appreciative audience and also to be recognised for the significant work the students have done in regular rehearsals.

The outcome:

Concert Band/Orchestra Section

1st place – MHS String Ensemble

2nd place – MHS Concert Band

Mixed Ensemble Section

1st place – MHS Percussion Ensemble

2nd place – MHS JAM Ensemble

Quartets Section

1st place – MHS Clarinet Quartet

2nd place – MHS Saxophone Quartet

Highly Commended – MHS Flute Quartet



HUNTER WIND ENSEMBLE – GOSFORD HIGH WORKSHOP + CONCERT

13 Merewether High School students are members of the highly acclaimed NSW DoE regional music ensemble, Hunter Wind Ensemble. This Ensemble has toured locally, nationally and internationally. On Friday 21st May, they participated in a combined workshop with our nearest Academically Selective High School, Gosford High School. This culminated in performing some combined pieces in 2 concerts on Saturday 22nd May at the very new, and impressive Red Tree Theatre at Tuggerah. The relationship between the two ensembles will be an ongoing one.



HUNTER SINGERS – RED TREE THEATRE PERFORMANCE

Hunter Singers is the NSW DoE regional Vocal Ensemble that is the brainchild of retired MHS Head Teacher CAPA, Ms Kim Sutherland OAM. Eight Merewether High School students are members of this ensemble that, like Hunter Wind Ensemble, has toured locally, nationally and internationally. Hunter Singers is very proud of their promotion of Australian Music by having commissioned many Australian composers to write for the ensemble. Hunter Singers performed in the combined concert with Hunter Wind Ensemble and Gosford High School on 22nd May.



If you are interested in finding out more information about either regional ensemble please direct your queries to:
Hunter Wind Ensemble: hunterwindensemble@gmail.com
Hunter Singers: admin@huntersingers.com
Or visit their Facebook pages.

YEAR 8 DRAMA PERFORMANCE

On the evening of Thursday the 13th of May, Year 8 Drama presented “Limited Edition”, an original production comprising of eight performances. The students were tasked with producing short plays devised solely by their group, as well as small skits from Monty Python. Each performance demonstrated elements learnt throughout the elective course, and a recording of the event was used for the students’ critics review assessment task. Friends and family filled the audience, adding an exciting buzz to the room!





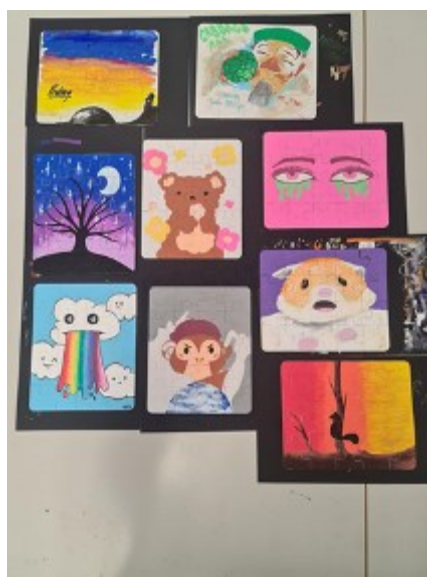
YEAR 7 VISUAL ARTS

Year 7 Visual Arts students are working towards completing their collaborative landscape paintings ready for our Visual Arts Exhibition night next term. Times and dates will be advised soon!



ART CLUB

Art Club has been up and running during lunchtime on Monday in FA2. Students are provided with authentic artmaking experiences and are encouraged to bring their friends and lunch to enjoy the creative environment. This term we have been designing our own jigsaw puzzles using Posca pens, making ceramic vessels and insect creature scratchboard designs as well as beautiful monochromatic Zentangles. Any students interested in joining Art Club can come and join us in FA2 on Mondays.

**UPCOMING DATES for your diary**

Monday 7th June - VOCAL ENSEMBLE - In Concert Regional rehearsal at HSPA

Wednesday 9th - Friday 11th June - HSC VISUAL ARTS Excursion to Sydney and Canberra Galleries

Thursday 17th - Saturday 19th June - StarStruck (orchestra, vocalists, stage crew)

Sunday 20 June to Friday 25 June - Senior State Music Camp

Sunday 20 June to Thursday 24 June - State Drama Camp

Sunday 11 July to Friday 16 July - Junior State Music Camp

Saturday and Sunday 24th and 25th July - MUSIC ENSEMBLES combined workshop with North Sydney Boys High School, Concord High School, Hunter Singers, Hunter Wind Ensemble, Merewether High School and HSPA.

Wednesday 4th August - Year 8 Drama, Year 9 & 10 Music and some Drama/Music Ensemble Members - COME FROM AWAY Musical excursion

Monday 16th August - VOCAL ENSEMBLE - In Concert Performance at Sydney Town Hall

Friday 20th August – POSH CONCERT – Newcastle Conservatorium of Music, Harold Lobb Hall (Music Ensembles and Year 12 HSC Music students)

DOVES

Last week I had an exciting opportunity. I got to be part of the inaugural DOVES student council, a council working to provide student voices to decisions affecting public schools in NSW. People think that just because we're kids it means we can't make a difference. Nothing could be further from the truth. Everyone, no matter how young, can make a difference. I put myself out there, and now I get to be a part of this incredible council. I get to make sure that every voice is heard, and represent the voices of the kids in NSW schools. No matter how big or small your platform, how old or young you are, everyone can make a difference. Everyone has the power to make change for the better. Everyone has a voice.



The first photo is us in the Legislative Assembly, the second us getting inducted into the council and receiving badges in the Legislative Council and the third is me and my friends with the Education Minister.

Ruby English - Year 7

Year 9 Food Technology

Year 9 Food Technology have just completed an assessment task on Food Preservation. The task involved researching methods in which fruits are preserved and then selecting two fruits preserved in different ways and incorporating them into a cafe style dessert. The students prepared and presented some amazing desserts, including those pictured.

Vicki McCudden - Head Teacher TAS





Mental health resources

Students should understand that good mental health is more than not having a mental illness. Someone with 'good' mental health feels capable of dealing with the normal, day-to-day situations that we all experience, while someone with a mental health issue or illness finds it difficult to manage their life. Although it's normal to experience ups and downs, if issues persist and start impacting on a young person's quality of life, it's important that they seek professional support. Anxiety and depression are the most common mental health issues that impact on young people.

Whether a diagnosis is made (by a health professional) will depend on how often, how easily and how intensely a child or young person experiences the symptoms of anxiety and how much it interferes with everyday living.

Common signs and symptoms of anxiety include:

- feeling more anxious than others their age and level
- having anxious feelings are consistently very intense
- feelings that persist well after the stressful event has passed
- feeling so distressed that it interferes with their capacity to learn, socialise and do everyday things.

It's estimated that one in 14 children and young people experience anxiety.

There are a range of effective treatments and supports available, focusing on how to enable them to manage their condition.

I want to help my child

Ways you can help your child with their mental health.

Department of Education: Wellbeing – A good place to start when supporting your child's health and wellbeing is to gather expert information and advice.

ReachOut School [External link](#) – tools, advice and resources for students in Year 7 and beyond.

headspace: 7 ways to support a young person's healthy headspace [External link](#) – Young people often need extra help to maintain a healthy **headspace**. Here are some ideas about how families and friends can provide that extra support.

ReachOut: One-on-one support [External link](#) – If you feel you need some specialised support, there are many people and services out there to help. You can start with **ReachOut's** free one on one support, accessed through their website.

Respectful Relationships – ReachOut Schools

Developing positive and respectful relationships is an important part of a student's emotional and social development. The relationships in a student's life, including those with friends, family and peers, can influence their physical health, promote self-esteem and assist them in developing a sense of belonging. Teaching students about positive and respectful relationships encourages them to reflect on their current relationships and supports them as they form new ones.

Creating a culture of respect in the school environment requires that students understand their rights and responsibilities. This will help them to identify and nurture healthy relationships and avoid unhealthy ones. They can also be taught that it's okay to speak up and seek help when necessary, which will equip them to negotiate and strengthen their relationships throughout their lives. When students identify and understand the qualities of healthy relationships, such as trust, personal safety, respect, honesty, acceptance and loyalty, they can confidently establish and maintain positive and respectful relationships.

Communication skills are an essential part of managing relationship difficulties. By learning how to recognise and express their emotions and feelings, students are equipped to discuss and resolve issues that are impacting on their relationships with family, friends and partners. By directly discussing issues such as gender stereotypes, abusive behaviour, and discrimination, students can explore a range of qualities and characteristics that promote and develop empathy, resilience and inclusivity. These qualities form the foundation for the establishment of positive and respectful relationships in students' lives.

These resources were produced thanks to support from Darling Downs and West Moreton PHN.



Merewether High School
CHANGE OF FAMILY DETAILS

PLEASE ANSWER ALL QUESTIONS.

DATE OF CHANGE: _____ Roll class/Scholastic year: _____

STUDENT-First name: _____ Surname: _____

FAMILY NAME IF DIFFERENT FROM STUDENTS: _____

ADDRESS DETAILS

MAILING TITLE: _____

NEW RESIDENTIAL ADDRESS: _____

SUBURB: _____ POST CODE: _____

NEW MAILING ADDRESS (if different to above): _____

SUBURB: _____ POST CODE: _____

OLD ADDRESS: _____

SUBURB: _____ POSTCODE: _____

CONTACT DETAILS FOR PARENTS/CARERS

1ST PARENT/CARERS NAME: _____

HOME: _____ MOBILE: _____ WORK: _____

2ND PARENT/CARERS NAME: _____

HOME: _____ MOBILE: _____ WORK: _____

FAMILY EMAIL ADDRESS: _____

NB: This is the address where all email correspondence from the school will be sent.

EMERGENCY CONTACT DETAILS – other than parents

1ST EMERGENCY CONTACT NAME: _____ Relationship to student _____

HOME: _____ MOBILE: _____ WORK: _____

2ND EMERGENCY CONTACT NAME: _____ Relationship to student _____

HOME: _____ MOBILE: _____ WORK: _____

MEDICAL CONDITIONS (please advise of student medical condition): _____

FAMILY LAW DETAILS (please provide a copy of court orders if applicable)

TYPE OF ORDER: _____ DATE: _____

ACCESS DETAILS: _____

PARENT/CARER SIGNATURE: _____ DATE: _____

June
2021

Merewether High School Bulletin



Shop Hours
Monday 8:00-12:00pm
Thursday 1:00-3:30pm

Contact Details
0401 725 885
merewetherhigh@alinta.com.au
130 Chatham Street, Broadmeadow
NSW 2292

Merewether High School Uniform Shop Order Form



Order Form Details

Uniform: Yr7-Yr12	Size	Price	Size	Qty
S/S Blouse 7-9	J8-L20	\$41.00		
S/S Shirt 7-9	J8-3XL	\$39.00		
S/S Blouse 10-12	J10-L20	\$45.00		
S/S Shirt 10-12	J8-3XL	\$39.00		
Tartan Skirt	J8-L20	\$71.00		
Fitted Formal Shorts	J10-L20	\$45.50		
Fitted Pants	J10-L20	\$50.00		
Formal Shorts	J8-3XL	\$49.95		
Formal Trousers	J10-3XL	\$55.00		
Sports Uniform	Size	Price	Size	Qty
Sports Polo	J8-3XL	\$46.00		
Sports Shorts Unisex	J8-3XL	\$40.00		
Sport Shorts Girls Cut	J10-L20	\$40.00		
Tracksuit Jacket MF	J10-3XL	\$79.00		
Tracksuit Jacket - Heavy	J10-3XL	\$89.00		
Tracksuit Pants	J10-3XL	\$51.50		
Outerwear	Size	Price	Size	Qty
Jumper	10-16	\$84.00		
	18-20	\$94.00		
	22-26	\$104.00		

Bags	Size	Price	Size	Qty
Swim Excursion Bag	one	\$21.60		
Backpack	Large	\$87.50		
Accessories	Size	Price	Size	Qty
Sport Socks	All Sizes	\$10.00		
White Socks	All Sizes	\$6.95		
Black Socks	All Sizes	\$6.95		
Microfibre Tights	All Sizes	\$10.50		
Leather Belt	All Sizes	\$17.50		
Bucket Hat	S-XL	\$23.50		
Sports Cap	One Size	\$20.00		
Gloves		\$8.50		
Scarf		\$12.50		
Fabric Marker		\$4.00		

Date: _____
 Name: _____
 Address: _____

 Contact Number: _____
 Email Address: _____

 Pick up from shop
 Delivery to above address (Fees apply)

Payment Options

Visa Mastercard Cash (onload)

Name On Card: _____

Credit Card Number: _____

Expiry Date: _____/_____/_____

CVC: _____

Signature: _____

Note:

- Sizes not carried are available by custom order (SMU). During peak times it may take up to 3 month lead time. An additional \$10.00 is applied to custom orders.
- Online orders are distributed from the Uniform Shop the next opening day of the shop. A postage charge will occur for all orders marked for delivery.
- Payments can be made by Cash, Credit Card or Debit Credit Cards only.
- Sales items are not refundable.

Prices Effective from 21-09-2020 and are subject to change without notice.



Merewether High School
Y7-9 Formal Uniform



Merewether High School
Y10-12 Formal Uniform



Merewether High School
Sports Uniform



Merewether High School
Accessories





	TERM 2
	June
Mon 7th	Y10 Blackout period commences
Tues 8th	Y12 PLG
Fri 11th	Y11 reports issued
Mon 14th	Queen's Birthday Weekend - no students
Tues 15th	Y10 Assessment period commences Star Struck week
Thurs 17th	Y11 Parent Teacher interviews
Fri 18th	Y10 Assessment period concludes Green Day NAIDOC Assembly
Mon 21st	ROSA Assemblies ◆ Yrs 7,9,11 - 11am ◆ Yrs 8,10,12 - 1:30pm
Tues 22nd	Y11 Jindabyne - day 1/4
Wed 23rd	Y11 Jindabyne - day 2/4
Thurs 24th	Y11 Jindabyne - day 3/4
Fri 25th	Y11 Jindabyne - day 4/4 Year 7, 8 and 9 reports issued
	TERM 3
	JULY
Mon 12th	School Development Day - No students
Tues 13th	All students return Y12 Meeting SRC Elections this week
Wed 14th	Y7 (2022) Tour and Information Session - 4pm
Thurs 15th	NSW CHS Cross-Country Carnival
Mon 19th	Year meetings this week
Tues 20th	Y7 & Y9 Parent Teacher interviews
Wed 21st	Opportunity Class Placement test Hunter SSSA Athletics Carnival
Mon 26th	Y10 reports issued Y12 Blackout period commences
Tues 27th	Y7 PLG
Wed 28th	M Factor
Thurs 29th	Y8 & Y10 Parent Teacher interviews



	August
Mon 2nd	Y10 (2022) Information Evening - 4:30pm Y11 (2022) Course Information Evening - 6pm
Tues 3rd	Y8 (2022) Information Evening - 4:30pm Y9 (2022) Course Information Evening - 5:30pm
Mon 9th	Y12 Trial HSC Exams commence ICAS Writing ICAS Digital Tech
Tues 10th	ICAS Writing ICAS Digital Tech
Wed 11th	ICAS Writing ICAS Digital Tech
Thurs 12th	ICAS Writing ICAS Digital Tech
Fri 13th	ICAS Writing ICAS Digital Tech
Mon 16th	Y11 Blackout period commences ICAS English
Tues 17th	ICAS English
Wed 18th	ICAS English
Fri 20th	Y12 Trial HSC exams conclude ICAS English
Mon 23rd	ICAS Science ICAS Spelling
Tues 24th	Elevate Y12 - Finishing Line - 8:50am ICAS Science ICAS Spelling
Wed 25th	CHS Athletics Sydney ICAS Science ICAS Spelling
Thurs 26th	CHS Athletics Sydney ICAS Science ICAS Spelling
Fri 27th	SRC - Wear it Purple day CHS Athletics Sydney ICAS Science ICAS Spelling
Mon 30th	Y11 Assessment period commences ICAS Maths
Tues 31st	Y12 PLG ICAS Maths

June
2021

Merewether High School Bulletin



	September
Wed 1st	ICAS Maths
Tues 7th	Y7 PLG
Fri 10th	Y11 Assessment period concludes
Mon 13th	Y12 Meeting Y11 Hospitality Work Placement
Tues 14th	Y12 Reports issued
Wed 15th	Sports Presentation Assembly - 9am
Thurs 16th	Y12 Formal
Fri 17th	Y12 Presentation Assembly - 9:30am
	TERM 4
	October
Mon 4th	Labour Day Public Holiday
Tues 5th	Y12 (2022) Learning Conference Y11 ELEVATE
Wed 6th	Y7 (2023) Information Session - 4pm Y7 GATS Challenge Day - 9:30am - 1pm
Mon 11th	Y7 Vaccinations (Y10 catch up)
Mon 18th	Y11 Reports issued
Tues 19th	Y7 PLG
Mon 25th	Year meetings this week Y7-10 Blackout period commences
Tues 26th	Y8 PLG
	November
Mon 1st	IBL Panel Yrs 8 & 9
Tues 2nd	Y7-10 Assessment period commences Y9 PLG IBL Panel Yrs 8 & 9
Tues 9th	Y10 PLG
Fri 12th	Prefects' Investiture - 11am
Tues 16th	Y11 (12 - 2022) PLG SRC School Dance
Thurs 18th	Y11 Assembly - 11am

June

Merewether High School Bulletin



2021

Mon 22nd	Y7 Learning Reflection
Tues 23rd	Y7 (2022) Orientation Day
Wed 24th	Y9 Urban Challenge - day 1/3
Thurs 25th	Y9 Urban Challenge - day 2/3
Fri 26th	Y9 Urban Challenge - day 3/3
Mon 29th	Y8 Learning Reflection
	December
Wed 1st	Y7 Lifesaving - day 1/3 Hunter Blues Presentation
Thurs 2nd	Y7 Lifesaving - day 2/3
Fri 3rd	Y7 Lifesaving - day 3/3
Thurs 12th	SRC Christmas
Fri 10th	Y10 Assembly - 9am Y9 Assembly - 11am
Mon 13th	Y8 Assembly - 9am Y7 Assembly - 11am
Wed 15th	Presentation Assembly - 10:30am
Thurs 16th	Last day of school

Please note these dates are subject to change.